

## Basic Metabolic Panel / Basic Metabolic Fasting

<b>Synonyms</b>	BMP, BMET / BMP Fast, Fasting BMP
<b>Abbreviation</b>	BMP / BMP Fast
<b>Specimen type</b>	<b>Preferred:</b> Plasma <b>Acceptable:</b> Serum
<b>Container</b>	Green (PST) Red, Red/Yellow (SST)
<b>Volume</b>	1 mL Minimum: 0.5 mL
<b>Collection requirements</b>	Avoid hemolysis Inquire whether patient is fasting
<b>S/H instructions</b>	Refrigerate
<b>Stability</b>	PST stable 48 hrs refrigerated Specimen centrifuged and removed from cells: Na 1 week    Gluc 7 days K 6 weeks    Bun 5 days Cl 4 weeks    Creat 30 days CO2 3 days    Ca 22 days
<b>Reference range</b>	See individual tests Panel includes: Sodium, Potassium, Chloride, CO2, Glucose, BUN, Creatinine, Calcium
<b>Routine / STAT T.A.T</b>	Within 4 hours / 1 hour
<b>Section</b>	Chem
<b>LAB code</b>	01735 / 04779