

Glucose Tolerance Non-Gestational

Synonyms	GGT 2hr Panel, Glucose 2hr
Abbreviation	GLU 2HR
Specimen type	Preferred: Plasma Acceptable: Serum
Container	Green/Yellow (PST), Green, Green/White; Red, Red/Yellow (SST).
Volume	1 mL plasma/serum Minimum: 0.5 mL Plasma/Serum
Collection requirements	Two blood samples are collected. Fasting (8 – 16hr) – obtain sample prior to consumption of Glucola. Give 75gm (7.5 oz) of Glucola beverage to patient. Beverage must be consumed within 5min; then begin timing. Withhold water for the first hour, then may allow small sips; nothing else may be consumed for the duration of the test. <ul style="list-style-type: none">• Patient should rest quietly; no smoking.• If vomiting or severe nausea occurs, contact the patient's physician.
S/H instructions	LAB: order the GGT 2HR panel with the Fasting draw. Both labels will print. Use the GLU FAST label for the fasting specimen. When appropriate, draw and identify the 2 hour sample, using the GLU 2HR label. Process each sample asap.
Stability	Centrifuged: 2 days at room temp 7 days refrigerated
Reference range	Fasting: Normal <110 mg/dL Borderline 110-125 mg/dL Abnormal >125 mg/dL 2 hour: Normal <140 mg/dL Borderline 140-199 mg/dL Abnormal >199 mg/dL

Routine / STAT T.A.T Within 4 hours / 1 hour

Section CHEM

LAB code LAB01403