

## UPCOMING EVENTS

### Seven steps to a healthier heart-November 3

5:30 in the Bryant Center— Join Jen McPhee, exercise physiologist to learn how to keep your heart healthy. Free blood pressure screening at 5:00. FREE call Sonya at 873-2356

Flu walk in vaccination clinic-Friday, Nov. 6 from 8am-noon in the hospital lobby— Questions call Sonya at 873-2356

Stroke— what you need to know— Nov. 18 at 6:00 pm in the Bryant Center— Join Dr Christopher Harkins to learn the risks, symptoms, and treatment options. FREE— call Sonya at 873-2356

Diabetes Support Group— meets second Monday of the month at 6:00pm—for families and individuals over 18. Questions— call Deb at 628-6500.



QUILT RAFFLE-DRAWING IS DEC. 18

# Partners of Stoughton Hospital

Newsletter —November 2015

### PARTNERS OFFICERS—FY 2014/2015

President—Sandy Maerz 873-6125  
Vice President—Melanie Miller 873-0283  
Secretary—Judy Simmonds 873-1613  
Treasurer—Claudia Quam 732-4737

Directory Update  
New members:

Trish Shumate  
1920 W Main St, Stoughton  
873-7645

Renee Kjellstrom  
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Sarah Rushlow  
209 S Franklin St Stoughton  
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Dawn Windland  
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### Upcoming Events

November 19-20 Books are Fun  
Dec. 3 Love Light Ceremony

Dec. 5 Sleigh picture opp  
downtown Stoughton  
Dec. 8 Bake & Craft sale

Dec. 18 Quilt raffle drawing

Jan. 30 "Souper" Bowl at  
Christ Lutheran Church

### *President's Message*

*A big thank you to all our team members who have served or are currently serving on our board. We appreciate all you do.*

*Mark your calendars for the following events:*

*Nov. 19-20 Books are Fun*

*Dec. 3 Love Light Ceremony*

*Dec. 8 Bake Sale- If you would like to donate baked goods, you can drop them off in the board room on Monday, Dec. 7 from noon to 5:00.*

*We had a good turn out for our annual Partners meeting on Oct. 15. Our own food and nutrition department provided a great meal!*

*I want to thank everyone for your support during my first year! We are fortunate to have some returning board members as well as some that are new to the board. I look forward to working together as a team. Together we can do great things!*

*Start each day with a thankful heart!*

## Gift Shop News by Becky

873-2205 or 873-2281

Our Winter and Christmas inventory is ALL here and it is EXCITING! We will be changing over the gift shop on November 1 and 2 so we will be closed on Monday, November 2. Look for our grand opening for the holidays on Tuesday, November 3.

Remember to shop local- we support the Partners organization and the Stoughton Hospital.



### Annual Meeting Updates:

The annual meeting held October 15 with about 60 in attendance.

A nice meal was served by our FNS team with help serving from Molly, Angie, and Christopher.

All reports were given and approved. If you were unable to attend and wish to see any of them, contact Becky at 873-2205.

Upcoming fundraisers are listed in upcoming events but a little info on two of them:

A beautiful queen size quilt has been donated by Alice Asleson. Raffle tickets are \$1 each or 6 for \$5 and are available at the front desk or in the gift shop. The drawing is December 18.

We are having a sleigh downtown for Victorian Holiday celebration on Saturday, Dec. 5. There will be Santa hats and decorations too. We hope to have a photographer there but it will be available for photo opportunities with your own camera for sure. Location is yet to be determined. Watch for more information in the Chamber Victorian Holiday ads.

Annual bake sale is Dec. 8 in the lobby. Be ready for a call and prepared to bake your favorite goodies!

"Soup"er bowl chili lunch will be Jan. 30 at Christ Lutheran Church. The Stoughton High School art department has donated the bowls which you will be able to purchase and keep!

### Volunteers:

If you volunteer at the hospital you are required to have a flu shot. If you get it somewhere besides the hospital, please bring written proof so we have a record of it. If you were at the annual meeting, you received a packet for our in-service requirement. Please read it carefully and sign the last page and return to me or human resources. If you were not able to attend, you should receive it in the mail. Make sure it gets back to the hospital. Thanks! Becky



Sure, you all learned about the Indians and the Pilgrims in elementary school and probably made those hand turkeys but here are some lesser known facts about November to enlighten all those at your Thanksgiving table.

- Thanksgiving was first celebrated in 1789.
- The birthstone of November is topaz.
- John F Kennedy was assassinated in November 1963.
- Lincoln's Gettysburg address was given in November 1863.
- The ancient Roman calendar listed November as the ninth month.
- Canada and the U.S. celebrate the end of World War I on November 11
- Presidents Harding and Polk were both born on Nov. 2 but 70 years apart.
- November was called "blood month" by the ancient Saxons because it was the month they sacrificed animals to the gods. Could that be how hunting season started?



### Time to Clean Out Your Closet...

The busy little elves in the gift shop are looking for some items you may have at home to be renewed in a different form.

Watch your newsletter each month for ways you can make a difference as a member of our Partners of Stoughton Hospital. Volunteer work is not always on the front line. This month we are asking for donated items. If you have any of the following, please drop them off in the gift shop. We are looking for:

- .....Old Jeans
- .....Stoughton Viking t-shirts and sweatshirts
- .....Badger and Packer t-shirts and sweatshirts
- .....Satin, grosgrain, and wired ribbons
- .....Used children's books.
- .....Dress form for display

This cute child's apron was made out of an old pair of blue jeans!

